

a social ministry dedicated to single

Rise & Shine Nepal

| e-updates |

Jan/march 2024

Small business support to our single women



Making single women Financially empower is one way to make gender equality in the community. As our goal is to empower single women, so we gave some bundles of clothes and iron to MS Jenisha Rai. With the hope that it will help her to earn for her personal need fulfillment. As she is depending on her in-laws. Being a dependent

daughter-in-law with a physical disability makes her feel very difficult many times. With this support, she is encouraged to do more for her and her daughter's livelihood.



She is Bishnu Kumal, a single mother with 2 daughters. So she is the only Breadwinner of the family. The photo shows that she is standing in front of her wooden cart. This wooden cart is the only way to make income for her livelihood. A few weeks before she had no money to bring things to sale so she was

praying and hoping as she got a small amount from Rise and Shine Nepal she again started her business and She is thankful to us. And she is doing very well.

Skill development training



"For the single women by the single women" as this saying Rise and Shine Nepal has conducted the pickle-making and liquid soap-making training in Rise and Shine Nepal's office. This training was Facilitated by one of the single women From our single women group. In training 12 sin-

gle women were participated. And in this training garlic fried pickle and soybean Nepali style choiala making was taught. Among them 1 woman is selling pickle by making as snacks set in her small snacks shop.

Liquid soap making training impact story

She is a single woman with a son. And she is a parttime domestic worker. She cannot work full-time due to her son's school and other things. So she is facing difficulties





in fulfilling her basic needs. So we encouraged her to do a liquid soapselling business and gave her liquid soap-making training, after the training we gave her 2 sets of liquid soap-making materials. Now she has sold 24 liters of liquid soap and earned some money with this and from the money she received she bought a set of liquid soap and now she is ready to sale. And Thankful to Rise and Shine Nepal.

Prayer Items:

- Upcoming events.
- Safety of the single women and their children who are under domestic and various social abuse and violence.
- Sustainability of the organization so that we could serve more single women those who are in need indeed.
- RS Nepal team members.
- RSN building project.
- Please pray for Archna's complete healing.

Praise Item:

- We thank God Almighty for His provisions.
- We thank you all our national / Int'l partners / stakeholders for believing in us and opening your heart for serving the single women of Nepal.
- We thank God that we purchased 4 Ropani (0.503 Acre) land for RSN's Sustainability.

International women's day celebration

On the date of 10th March 2024 Rise and Shine Nepal has organized an International Women's Day celebration program with the collaboration of Kin Nepal and Anandit charity centre. In this program the Rise and Shine Nepal's president Ms Doma Rai, 14 ward presidents Mr. Amrit Jung Mahat, ward female member Ms Sahanshila Karki and one of the male members Mr Sanat Karki were present. This program was held in the community development center Tikhidewal. On this occasion, we honored 30 elderly single women by offering a shawl from the hand of Rise and Shine Nepal president Ms. Doma Rai and ward female member Ms Sahanshila Karki. We had a discussion session on the theme "Invest in women: Accelerate progress" it was facilitate by Mr swatik Ariyal from Kin Nepal .During this discussion some single women shared how they faced discrimination in their time and how they are facing difficulties in the present time. And some single women felt very emotional and could not continue sharing. At the end of 14 wards, President Mr. Amrit Jung Mahat gave positive words to support single women in the coming days. We distributed small hand-carrying bags to these single women.



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Louder Than Words!



Participated in the transforming leadership training



Vision cast in the seminar of single women in ithari



Elderly single women showing had bad given by RSN on the occasion of women's day